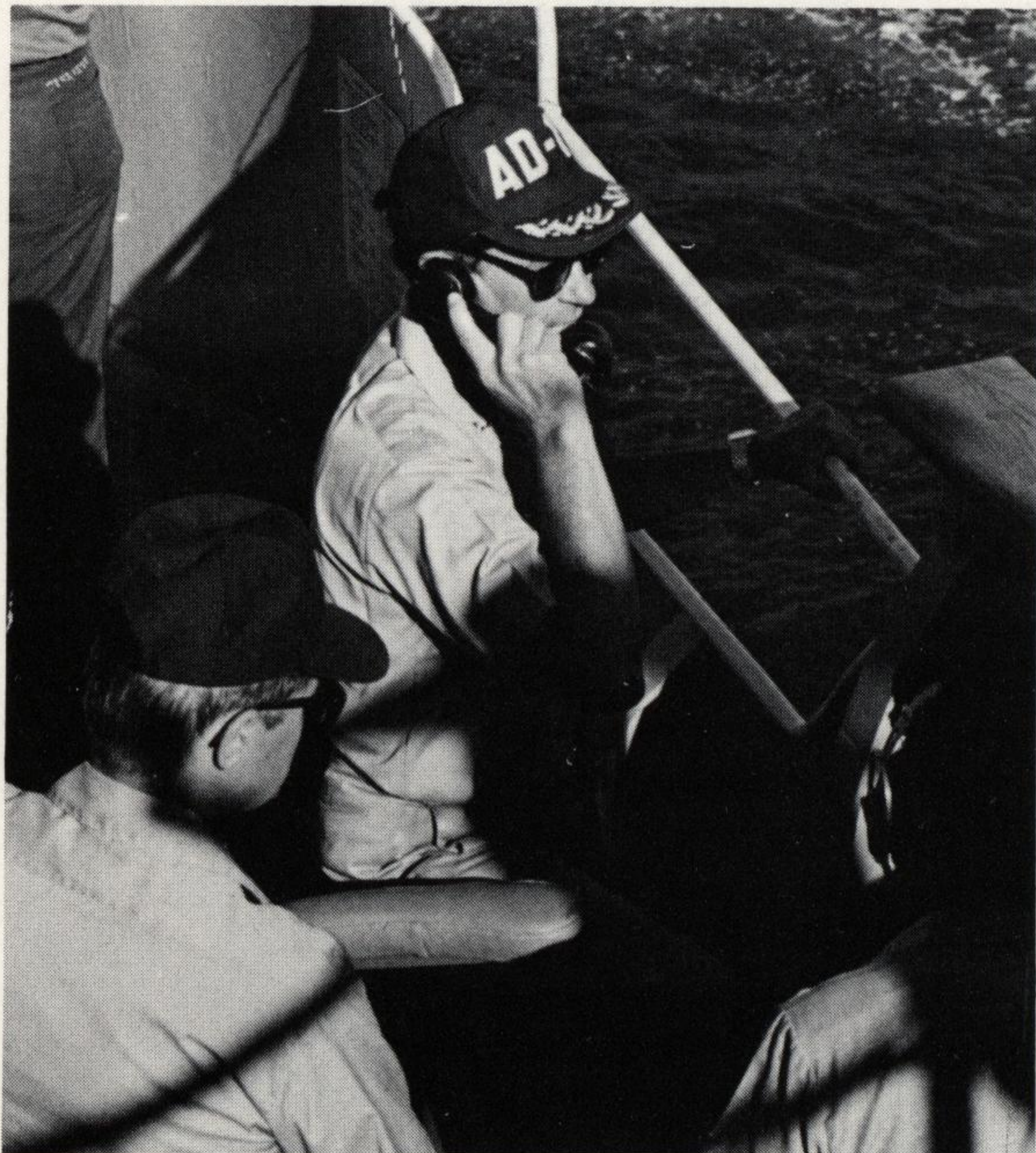




CAPTAIN RAYMOND E. HELMS Jr., USN



Captain HELMS is a native of Lancaster County, South Carolina. He was graduated from the University of South Carolina and commissioned in the United States Navy on 7 June 1954. He received his Masters Degree in Management at Monterey in June of 1961. He is a recent graduate of the Chief of Naval Operations Senior Officers' Material Readiness Course.

Captain HELMS has served in destroyers, Service Force ships, Amphibious ships, and cruisers. He has served as Chief Staff Officer, Landing Ship Squadron Five and as Executive Officer of the Military Sealift Command Office in Manila, USS WINDHAM COUNTY (LST-1170), USS CAMDEN (AOE-2) and USS COLUMBUS (CG-12).

Captain HELMS commanded the Military Sealift Command Office in Long Beach, USS HENLEY (DD-762) and USS COLUMBUS (CG-12). He served in-country, Vietnam, on the Staff of Commander, United States Military Assistance Command, Vietnam. His most recent tour of duty was in the Systems Analysis Division of the Staff of Chief of Naval Operations.

Captain HELMS has been awarded the Bronze Star Medal with Combat "V", two awards of the Navy Commendation Medal and various campaign service medals.

Captain HELMS is married to the former Marguerite Allman of Waconia, Minnesota. They have three children, Cynthia, 18, attending college, Raymond, 16, in high school, and Christa, 13, in junior high school.